



Deep massage

50 min. - 40 EUR

Whole-body deep muscle massage, tailored to you with the unique techniques of our masseurs.

Relaxing massage

50 min. - 40 EUR

Classic Swedish relaxation massage, tailored to you, with unique relaxation techniques of our masseurs. Long strokes and harmonizing touches bring the body and mind to a state of maximum relaxation.

ALTIS Spa Signature

80 min. - 55 EUR

A unique experience that will pamper your skin and muscles. Whole-body peeling removes dead particles from the skin while opening pores and helping essential oils penetrate deeper layers of tissue. A full body massage then relaxes the stiffened muscles for maximum relaxation. The muscles remain relaxed and the skin is soft and hydrated.

Short relaxation

20 min. - 20 EUR

Express massage for those who need to recharge their flashlights and can find free time between work duties. Tailor-made massage exclusively for one part of the body

Foot ritual

40 min. - 30 EUR

Foot and leg massage for complete relaxation after a strenuous work or a demanding day on your feet.

Fourth period

80 min. - 55 EUR

Tailor-made massage for hockey players and sports enthusiasts. A mixture of a deep massage to relax the muscles and a relaxing massage focused on the most problematic ones for maximum relief and relaxation. The massage is enriched with therapeutic techniques such as working with stones or banking.

Healing stones

80 min. - 55 EUR

Massage with hot lava stones for intensive relaxation of stiff muscles and improved body circulation. It warms the body and activates the body's internal systems.